

# GLASGOW'S HELPING HEROES

Glasgow's Helping Heroes is a partnership to help those who are serving, or have served in the Armed Forces. This service is also available to their immediate family and carers.



We can help you get advice and information on:

> Housing and Homelessness > Employability and Training  
> Benefits > Debt > Health Issues > Financial Grants

All advice is free and confidential.



[www.glasgowshelpingheroes.org](http://www.glasgowshelpingheroes.org)

helpline 0141 276 7199



**ssafa**  
Lifelong support  
for our Forces  
and their families

# Who we are

Glasgow's Helping Heroes' service is free and confidential to service personnel, veterans, their families and carers. The organisation is funded by Glasgow City Council in Partnership with SSAFA, GlasgoWorks and Glasgow Housing Association.

# What we do

We provide advice and support from our office at 15-17 Duke Street. We can also meet you any-where that is convenient. The advice we give is impartial, completely confidential and free.

We can offer any-thing from an informal chat or help to fill in forms through to a full assessment of issues and referral to specialist services. We can help you to get housing or a move to a suitable home, access employment and training, deal with debt and rent arrears or get assistance with health problems. We will continue to provide support for as long as you need it.

# Who we can help

To access the service, you must be in, or have served, in the army, navy or air forces, both regular and reservist.

There is no minimum or maximum length of service and no time limit on the date since leaving the forces to be eligible. The service is also open to families of current or ex-service personnel and their carers. However, you must live, or work, or intend to relocate, within the Glasgow City Council boundary.

# How to contact us

You can contact Glasgow's Helping Heroes direct. We also accept referrals from other agencies.

Glasgow's Helping Heroes  
15/17 Duke Street  
Glasgow  
G4 0UL

Phone: 0141 276 7199

Fax: 0141 276 9759

Email: [glasgowshelpingheroes@glasgow.gov.uk](mailto:glasgowshelpingheroes@glasgow.gov.uk)

Our website has more information about our services.

[www.glasgowshelpingheroes.org](http://www.glasgowshelpingheroes.org)

A division of SSAFA Glasgow Branch  
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