

Platform To Health presents



Culture Buddy Scheme

Film
Music
Performance
Visual Arts

CULTURE BUDDY SCHEME

Friendly support for anyone a little nervous about coming along to a Platform To Health activity.

WHAT IS IT

Our **Culture Buddy Scheme** supports people to attend our Platform To Health activities – Art Factory, Bravo Club, Clack & Yak, Creative Collective, Play Café

We know that some people experiencing addictions, poor mental health or loneliness can also have low confidence and may find it challenging to visit new places, take part in group activities, meet new people or even access public transport.

Our volunteer Culture Buddies provide that important initial support for people who may need a helping hand in their first steps to achieving access.

FIND OUT MORE

If you're a healthcare professional or work in a supporting role and know someone who would benefit from a Culture Buddy then contact David McDonald – david@platform-online.co.uk 07715 976 707

