



Glasgow Young Adults Network

Are you aged 18-30 living in Glasgow?

Do you have a lived experience of mental health or are you a carer for somebody with mental health needs?

Would you like to use your voice to improve Glasgow's mental health services, have fun, learn new skills, and make pals along the way?

New group running weekly on Wednesday evenings 6-7:30pm

Address: Suite 11, Templeton House, 62 Templeton Street,
Glasgow, G40 1DA

Contact: 0141 550 8417 or info@mhngg.org.uk to find out more!

